



# County of Santa Cruz

49

## BOARD OF SUPERVISORS

701 OCEAN STREET, SUITE 500, SANTA CRUZ, CA 95060-4069

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WALTER J. SYMONS  
SECOND DISTRICT

MARDI WORMHOUDT  
THIRD DISTRICT

TONY CAMPOS  
FOURTH DISTRICT

JEFF ALMQUIST  
FIFTH DISTRICT

AGENDA: 2/9/99

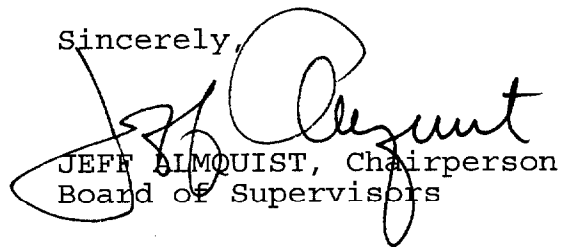
January 29, 1999

BOARD OF SUPERVISORS  
County of Santa Cruz  
701 Ocean Street  
Santa Cruz, CA 95060

RE: ANNUAL REPORT OF THE LOCAL MENTAL HEALTH BOARD

Attached is the Annual Report of the Local Mental Health Board for calendar year 1998. I recommend that the Board accept and file this report and direct the Chairperson to thank the members of the Local Mental Health Board for their efforts on the County's behalf.

Sincerely,

  
JEFF ALMQUIST, Chairperson  
Board of Supervisors

JA:ted

cc: Local Mental Health Board

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# COUNTY OF SANTA CRUZ 50

## LOCAL MENTAL HEALTH BOARD

P.O. BOX 962, CA 95061  
(408) 454-4767

January 26, 1999

BOARD OF SUPERVISORS  
County of Santa Cruz  
701 Ocean Street  
Santa Cruz, CA 95060

### Re: Annual Report of the Local Mental Health Board for 1998

Dear Members of the Board:

On behalf of the Local Mental Health Board, I am enclosing the 1998 Annual Report of the Local Mental Health Board. It highlights our activities, and goals. The LMHB will continue to work on goals for 1999, i.e. Public Education, Children's Services, Path to Recovery, Housing, Managed Care Emergency Services, and Legislation.

We welcome your feedback or direction that will help us advocate for high quality, cost effective mental health services.

Sincerely,

Michael Eipp, Co-Chairperson  
Local Mental Health Board

John Laue, Co-Chairperson  
Local Mental Health Board

ME:ep  
Attachments

cc: Local Mental Health Board

## County of Santa Cruz Local Mental Health Board 1998 Annual Report

The Local Mental Health Board is a legally mandated Advisory Body whose members are appointed by the County Board of Supervisors in compliance with the Short-Doyle Act, contained in Welfare and Institutions Code Section 5106, which established the duty of the Local Mental Health Board (LMHB) to review, evaluate and advise on the operations, programs and facilities of local mental health systems. (The W & I Code also provided in Chapter 6, Section 5500 for a Mental Health Advocacy system).

Duties and Responsibilities of Local Mental Health Board members are:

- to further the purposes, goals, and functions of the LMHB as specified in Section 5606(a)-(f) of the Welfare & Institutions Code;
- to abide by the Articles and Bylaws of the LMHB;
- to act as consumer advocates for local mental health services;
- to work within the defined structure of the LMHB and act as official representatives of the LMHB only with the sanction of the full Board;
- to attend all LMHB monthly meetings;
- to participate actively and responsibly in LMHB deliberations and decisions;
- to serve on at least one subcommittee or task force and attend the subcommittees or task force meetings;
- to commit a minimum of 10 hours per month to LMHB activities if needed;
- to bring concerns regarding the Board's functioning to LMHB meetings where they can be dealt with openly and productively;
- to work collaboratively with local mental health staff to improve the delivery of mental health services.

The Local Mental Health Board set a number of goals for the year 1998. This report is a summary of the progress made by each adhoc Workgroup in regards to each member's area of interest:

**Public Education:** Public Education had four major achievements during the year 1998:

1. In conjunction with the Mental Health Resource Center we originated and carried through a program to educate students of the County of Santa Cruz public high schools about mental health and mental illness. The results of this can be seen in Appendix A.
2. After presenting our program in some of the County's high schools, it became apparent to us that their health education classes contained little information about mental health and even less about mental illness. We realized that the State of

California Framework for Health Education which is currently in use (it comes out every seven years, a period set by the legislature so textbooks based on it will not be prematurely outmoded) and which mandates the content of all these classes, was deficient, especially in information about mental illness.

Upon further investigation we found that the California Curriculum Development and Supplemental Materials Commission, through its Health Subject Matter Committee, was currently taking testimony on a new Framework to be completed, passed by the State Board of Education, and distributed to all school districts in 2001. A number of us and members of other agencies requested permission to testify. This was granted to one of our Co-Chairs who went to Sacramento in July and succeeded in convincing the Commission to make revisions or an addendum about mental illness to the new health curriculum. The results of his testimony are shown in Appendix B.

Note: Since national textbook publishers target California as the most populous state in the Union, this change will affect health education across the entire country.

3. Along with the County's Director of Mental Health, members of the Board gave input to the Center of Disease Control of the federal government on the contents of a proposed Mental Health Curriculum for the nation's schools.
4. Other activities which might be considered under the auspices of the Education Workgroup were writing Mike Wallace of the TV series "60 Minutes" requesting help in changing the biased picture of mental illness that the program exemplifies; and some members of the Board giving testimony before the County of Santa Cruz Zoning Administrator and Planning Commission to obtain additional beds for mentally ill patients in the County's newly acquired Willowbrook facility.

**Children's Services:** Children's Services met only once during the last year. The focus for the year involved continuing levels of access for children and improving identification of mental health issues and prevention. The BEST transition team (with representatives from the Dept of Rehab. and Children's and Adult Mental Health) met throughout the summer and fall of 1998 to discuss housing and treatment needs for Transition Age Youth (14-25) years.

**PATH to Recovery:** PATH to Recovery met twice and members were involved in the expansion of Dual Diagnosis resources in the community as well as working to ensure a smooth transition in the Mental Health/Substance Abuse Administration merger. This process is still continuing at the time this report is being written.

**Housing:** Housing met several times during the year, identifying the current shortage of housing available for mental health clients and options to increase that availability.

Housing began the year with the priorities from 1997: to look at Boarding House models; to support increased UCSC student housing to take pressure off the local market; to explore purchase of additional housing through CFSC; to determine to level of client interest in cooperative housing. Housing decided to focus on the last goal.

Interest meetings were held on February 20, 1998 and March 16, 1998. February 20<sup>th</sup> agenda was a plan for saving money, how to handle landlord problems, discussion on an on-site or off-site client manager, and lease issues. Questionnaires filled out by the participants indicated that problems in keeping housing were due to: Friends spending the night or fighting, being late with the rent, not taking care of property, getting into drugs, discrimination, or causing problems with neighbors. All participants had been homeless and spent time at the River Street Shelter or Armory. They indicated a preference for a common interest household, a room to themselves, but not same sex households.

The March 16<sup>th</sup> meeting discussed a plan where individuals would put \$500 into a Housing Savings account. With rent on a 3 bedroom house at \$1,450, it was calculated that a group would need \$3,500 to move in. This would require shared bedrooms to be economically feasible. As noted at the February 20<sup>th</sup> meeting, there is not much interest in shared bedrooms at this time by clients.

Housing wrote letters to support purchase of the Bixby Street House in Santa Cruz and brought the high-cost of local housing to the table at many meetings. Attention shifted to Watsonville as more affordable for program development and mental health clients, enhanced by Cabrillo's extension, an Express Bus Line, and the South County Clinic and Career Services. Housing members signed on to Community Action Board's Shelter Project Housing Alert Faxes.

Last but not least, advocates, primarily in the Bay Area, persuaded the Mental Health Directors and State DMH to form a task force with the CA Housing Authority Financing Group and the Department of Housing and Community Development. Statewide and nationally the Section 8 program was in crisis due to the lack of funding for rollover contracts.

**Managed Care Emergency Services:** The LMHB has provided input at each phase of Managed Care implementation. There was concern that patients did not use some of the crisis services available to them. A special task force has been created to work on this.

#### **Legislation:**

- Letters on HR3206 opposed weakening of the Fair Housing Act (April 1998).
- Nationally the CASA program introduced by Newt Gingrich and backed by ADAPT which would have redirected Medicare funding to hiring personal care attendants did not include persons with psychiatric disabilities. This discrimination was opposed.
- AB 2780 established the California Statewide Supportive Initiative at DMH. LMHB and Board of Supervisors supported this.
- AB 2737, Chapter 808, Supported Housing: Created the supportive Housing Program Council to assist DMH in implementing the Statewide SH Initiative, encouraged integration of housing and services.

- AB 1100, Parity Legislation to insure equal insurance coverage for mental health disorders to that of physical disabilities. LMHB supported, but Governor Wilson vetoed it.

During the first and second quarters of 1998, the Board was actively engaged in the process of preparing for the transition into Specialty Mental Health Care services.

Board members were part of the planning process, actively insuring that the transition would be a smooth one with the least amount of confusion for those receiving services.

Initial data shows the clientele were not adversely affected; those clients that transitioned to their primary care physician for medication management reported few problems. Work continues with physicians regarding the prescribing of neuroleptics. A full report on Managed Care will come to your Board in April 1999.

Annual Report Local Mental Health Board 1998  
1/26/99 12:19 PM

**Local Mental Health Board  
Public Education**

**Appendix A**

<b>Schools</b>	<b>Number of Classes</b>	<b>Number of Students</b>	<b>Number of Volunteers</b>	<b>Comments</b>
Watsonville High				
Spring 1998	6	360	6	All classes were double
Aptos High				
Spring 1998	12	360	5	
Fall	13	370	7	
Soquel High				
Spring 1998	6	180	5	
Fall	6	180	7	
Santa Cruz High				
Spring 1998	2	60	2	
San Lorenzo Valley				
Spring 1998	6	190	5	
Fall	6	190	3	
TOTALS	57	1,890	7	



State of California

Pete Wilson, Governor

*Curriculum Development and Supplemental Materials Commission**An advisory body to the California State Board of Education*

July 29, 1998

Mr. John Laue, Co-Chair  
 Santa Cruz County Local Mental Health Board  
 P. O. Box 962  
 Santa Cruz, California 95061

Dear Mr. Laue:

On behalf of the Curriculum Development and Supplemental Materials Commission and, in particular, its Health Subject Matter Committee, I extend the members' personal and professional gratitude for your thoughtful contributions to the discussion on Friday, July 17. Development of revisions or an addendum to the *Health Framework* presents a considerable challenge. As I noted publicly at the meeting, your assistance—including the many excellent citations you left with us—was very important in getting us started toward the successful addressing of that challenge.

I was particularly impressed with the statistical information you provided as to the frequency of mental illness in relation to other ailments. You certainly made the point regarding the importance of addressing mental illness in a coherent, compassionate, and comprehensible fashion in the health curriculum.

Thank you again for taking the time to join us and for helping advance our work. Preparation of revisions to or an addendum for the *Health Framework* will be a lengthy process, as was mentioned by Health Subject Matter Committee Chair Jean Williams. Although several commissioners will be completing their service this fall, I know that those whose service is continuing will look forward to additional communications with you next year.

Sincerely,

\_\_\_\_\_  
 KIRK S. ANKENY, Chair  
 Curriculum Development and Supplemental Materials Commission



## Local Mental Health Board Attendance Roster 1998

	Jan	Feb	March	April	May	June	July		Sept	Oct	Nov	Dec
John Laue	X	E	X	X	X	X	X		X	E	X	X
Michael Eipp	X	X	X	X	X	X	X		E	X	X	X
John McSweeney	X	X	X	X	X	X	X		X	X	X	X
Max Camarillo	X	E	X	E	X	U	X		E	X	X	E
Elva Krupp	X	X	x	X	X	E	X		X	X	X	X
Walt Symons	X	X	x	X	X	X	E		X	E	X	X
Dick Genge	E	X	E	E	X	E	E		E	X	X	E
Myrna Sherman					X	X	X		X	E	X	X
Cynthia Margolin									X	X	E	X
Gillian Dowling			E	E	E	R	R		R	R	R	R
Darlene Alvord					X		UR		R	R	R	R

X= PRESENT

E= EXCUSED ABSENCE

U= UNEXCUSED ABSENCE

R= RESIGNED FROM BOARD

■ = NOT APPOINTED YET



# NOTICE OF PUBLIC HEARING

## SANTA CRUZ COUNTY

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### Local Mental Health Board

# AGENDA

WHEN:

DECEMBER 7, 1998

TIME:

1:00 - 2:30

LOCATION:

1400 Emeline Avenue  
Room 207, Santa Cruz

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**1:00 REGULAR BUSINESS**

- Roll Call
- Minute Review for September (call Esther Phillips with revisions 454-4767 before the meeting)
- Announcements and/or Correspondence
- Public Comment(s)

**1:30 NEW BUSINESS**

- Review of Retreat Testimony
- Set Goals and Assignments for 1999

**2:30 MEETING ADJOURNS**

The County complies with the Americans with Disabilities Act (ADA). All meeting locations are accessible for people with disabilities, and as a courtesy to those who are affected, please attend the meetings smoke and scent free. Thank you.

Members of the public are encouraged to participate in the discussions and/or all business items on the agenda (unless a motion is on the table).



# NOTICE OF PUBLIC HEARING

## COUNTY OF SANTA CRUZ

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### Local Mental Health Board Retreat

#### AGENDA

WHEN:

NOVEMBER 2, 1998

TIME:

1:30 - 4:30

LOCATION:

Dominican Education Center  
1555 Soquel Drive, Room E32

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**1:30 REGULAR BUSINESS**

- Roll Call
- Minute Review for October 1998 (call Esther Phillips with revisions 454-4767 before the meeting)
- Announcements and/or Correspondence

**2:00**

- Public Testimony

**2:30**

- Provider Comments/Testimony

**3:00**

- Dr. Neal Adams, Quality of Care Goals

**3:30**

- Local Mental Health Board Report on Current Activities & Deliberations for Goal Setting 1998-99

**4:30 MEETING ADJOURNS**

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# NOTICE OF PUBLIC HEARING.

## SANTA CRUZ COUNTY

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### Local Mental Health Board

# AGENDA

WHEN:  
OCTOBER 5, 1998

<u>TIME:</u> 1:00 - 2:30
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LOCATION:  
YWCA  
340 E Beach Street  
Watsonville, California

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**1:00 REGULAR BUSINESS**

- Roll Call
- Minute Review for September (call Esther Phillips with revisions 454-4767 before the meeting)
- Announcements and/or Correspondence
- Public Comment(s)

**1:30 NEW BUSINESS**

- Co-Chairperson Nominations for 98-99: Nominating Committee
- Payee program Discussion: Harry Snoek, Public Guardian

**2:00 Old Business**

- November 2 Retreat Planning: Members
- Parity Bill 1100
- Housing Bill HR217

**2:30 MEETING ADJOURNS**

The County complies with the Americans with Disabilities Act (ADA). All meeting locations are accessible for people with disabilities, <b>and</b> as a courtesy to those who are affected, please attend the <b>meetings smoke and scent free</b> . Thank you.
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# SANTA CRUZ COUNTY

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## AGENDA

### Local Mental Health Board

WHEN:  
SEPTEMBER 14 , 1998

TIME:  
1:00 - 2:30

LOCATION:  
1400 Emeline Street,  
Room 207 - Santa Cruz, CA

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#### **1:00 REGULAR BUSINESS**

Roll Call

Minute Review (call Esther Phillips with revisions 454-4767 before the meeting)

Announcements and/or Correspondence

Public Comment(s)

#### **1:30 NEW BUSINESS**

- Review the Santa Cruz Community Mental Health Renewal Applications for 98-99 SAMHSA and PATH Grants
- Elect Nominating Committee for Chairperson(s) for 1998-1999

#### **2:00 OLD BUSINESS**

- Planning November 2, 1998 Retreat
- Review Harbor Hills Report
- Willowbrook Update

#### **2:30 Meeting Adjourns**

The County complies with the Americans with Disabilities Act (ADA). All meeting locations are accessible for people with disabilities, and as a courtesy to those who are affected, please attend the meetings smoke and scent free. Thank you.

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# SANTA CRUZ COUNTY-

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## AGENDA

### Local Mental Health Board

WHEN:  
**AUGUST 3 , 1998**

TIME:  
**1:00 - 2:30**

LOCATION:  
1400 Emeline Street,  
Room 207 - Santa Cruz, CA

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**NO MEETING THIS MONTH**



# SANTA CRUZ COUNTY

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## AGENDA

### Local Mental Health Board

WHEN:  
**JULY 6 , 1998**

TIME:  
**1:00 - 2:30**

LOCATION:  
1400 Emeline Street  
Room 207, Santa Cruz

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#### 1:00 REGULAR BUSINESS

Roll Call

Minute Review for May & June (call Esther Phillips with revisions 454-4767 before the meeting)

Announcements and/or Correspondence

Public Comment(s)

#### 1:15 NEW BUSINESS

🐾 State Performance Contract Review & Accept: LMHB Members

🐾 Review Possibility for LMHB Fall Retreat in October: LMHB Members

🐾 Elect a Nomination Committee for Chairperson for 1998-99 of the LMHB: LMHB Members

#### 1:30

🐾 Review Submission to State Curriculum Council: LMHB Members

🐾 AB 2737 Supported Housing Letter, Senate Support: LMHB Members

🐾 UPDATES on Managed Care, Willowbrook, Budget, and Alcohol & Drug Merger: R. Khalsa

#### 2:15

🐾 Project Reports

#### 2:30 MEETING ADJOURNS

The County complies with the Americans with Disabilities Act (ADA). All meeting locations are accessible for people with disabilities, and as **a courtesy** to those who are affected, please attend the **meetings smoke and scent free**. Thank you.

Members of the public are encouraged to participate in the discussions and/or all business items on the agenda (unless a motion is on the table).



# SANTA CRUZ COUNTY

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## AGENDA

### Local Mental Health Board

WHEN:

JUNE 1, 1998

TIME:

1:00 - 3:00

LOCATION:

YWCA -- 304 E Beach Street  
Watsonville. California

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#### 1:00 REGULAR BUSINESS

Roll Call

Minute Review (call Esther Phillips with revisions 454-4767 before the meeting)

Announcements and/or Correspondence

Public Comment(s)

#### 1:15 NEW BUSINESS

- State Performance Contract Review & Accept
- Convene in July for Managed Care & 98-99 Budget
- Fall Retreat for LMHB
- AB 2737 Supported Housing Letter

#### 1:30

- Recognition of Barlow Schuyler

#### 1:45

- Jail Services Report: Paul Bellina, Dr. Neal Adams, & Group

#### 2:15 OLD BUSINESS

- Updates on Managed Care, Willowbrook Residential, and the Budget

#### 2:30 Refreshments for Recognition Event

#### 3:00 MEETING ADJOURNS

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Members of the public are encouraged to participate in the discussions and/or all business items on the agenda (unless a motion is on the table).





# SANTA CRUZ COUNTY

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## AGENDA Local Mental Health Board

WHEN:  
**MAY 4<sup>TH</sup>, 1998**

TIME:  
**1:00 - 2:30**

LOCATION:  
1400 Emeline Street,  
Room 207 -Santa Cruz, CA

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### **1:00 REGULAR BUSINESS**

Roll Call

Minute Review (call Esther Phillips with revisions 454-4767 before the meeting)

Announcements and/or Correspondence

Public Comment(s)

### **1:30 NEW BUSINESS**

- Approval of LMH Board member, John Laue & Mike Eipp to attend monthly CALMB/C meetings
- Ombudsman/Advocate Report Presentation: Kerry Heaps

### **2:00 OLD BUSINESS**

- Barlow Schuyler June Recognition Event
- Budget Report
- Managed Care Report

### **2:15**

- Project Reports

**2:30 Meeting Adjourns**

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# SANTA CRUZ COUNTY

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## AGENDA Local Mental Health Board

WHEN:  
**APRIL 6, 1998**

TIME:  
**1:00 - 2:30**

LOCATION:  
1400 Emeline Street,  
Room 207 - Santa Cruz, CA

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### **1:00 REGULAR BUSINESS**

Roll Call

Minute Review (call Esther Phillips with revisions 454-4767 before the meeting)

Announcements and/or Correspondence

Public Comment(s)

### **1:30 NEW BUSINESS**

- CHANGE time and day of meeting to either Tuesday or Thursday to accommodate new appointee
- June Recognition Event for Barlow Schuyler
- Department of Education Letter
- HR 3206 Opposition (Re-doing Fair Housing Act)

### **2:00 OLD BUSINESS**

- Managed Care
- Budget Committee

**2:15**

- Project Reports

**2:30 Meeting Adjourns**

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# SANTA CRUZ COUNTY

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## Addendum Local Mental Health Board

WHEN:

MONDAY — APRIL 6, 1998

TIME:

1 : 00 - 2:30

Under New Business:

CALMB/C discussion that pertain to the legislative action which would allow consumer representatives serving on LMHB to be part-time employees of County Mental Health or Bronzan-McCorquodale contract agencies.



# SANTA CRUZ COUNTY

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## AGENDA

### Local Mental Health Board

WHEN:

MONDAY – MARCH 2, 1998

TIME:

1 : 00 - 2:30

LOCATION:

Watsonville Police Department  
215 Union Street - Squad Room  
Watsonville, California

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1 :00 ... **REGULAR BUSINESS**

Roll Call

Minute Review (call Esther Phillips with revisions 454-4767 before the meeting)

Announcements and/or Correspondence

Public Comment(s)

**1:30 NEW BUSINESS**

- Budget Committee: Rama Khalsa
- Dual Recovery Anonymous Report i.e. history, program, groups: Ron Myers

**2:00 OLD BUSINESS**

- Final Review of Bylaw Changes (Watsonville location & no meetings in Aug & Dec)
- Project Reports: LMHB Members

**2:30 Meeting Adjourns**

The County complies with the Americans with Disabilities Act (ADA). All meeting locations are accessible for people with disabilities, and as a courtesy to those who are affected, please attend the meetings smoke and scent free. Thank you.
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Members of the public are encouraged to participate in the discussions and/or all business items on the agenda (unless a motion is on the table).
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# SANTA CRUZ COUNTY

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## AGENDA Local Mental Health Board

WHEN:  
MONDAY — FEBRUARY 2, 1998

TIME:  
1:00 - 2:30

LOCATION:  
Community Mental Health  
1400 Emeline Avenue, Room 207, Santa Cruz

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### 1:00 REGULAR BUSINESS

Roll Call

Minute Review (call Esther Phillips with revisions 454-4767 **before the meeting**)

Announcements and/or Correspondence

Public Comment(s)

### 1:15 OLD BUSINESS

- Bylaw Change Related to South County Meetings & dropping meetings in August & December at Board of Supervisors request: LMHB Members
- Review Annual Report to the Board of Supervisors: LMHB Members

### 1:45 NEW BUSINESS

- Welfare to Work Efforts: Rama Khalsa

### 2:00

- Project Reports: LMHB Members

### 2:30 Meeting Adjourns

The County complies with the Americans with Disabilities Act (ADA). All meeting locations are accessible for people with disabilities, and as a courtesy to those who are affected, please attend the meetings smoke and scent free. Thank you.
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Members of the public are encouraged to participate in the discussions and/or all business items on the agenda (unless a motion is on the table).
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# SANTA CRUZ COUNTY

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## AGENDA Local Mental Health Board

WHEN:

MONDAY – JANUARY 5, 1998

TIME:

1:00 - 2:30

LOCATION:

Community Mental Health  
1400 Emeline Avenue, Room 207. Santa Cruz

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1:00 . . REGULAR BUSINESS

Roll Call

Minute Review (call Esther Phillips with revisions 454-4767 before the meeting)

Announcements and/or Correspondence

Public Comment(s)

1:20 . . OLD BUSINESS

- Bylaw Change Related to South County Meetings

- Managed Care Report: Rama Khalsa

1:30 . . NEW BUSINESS

- Review NAMI Tape: John Laue

- COM Initiative Regarding LMHB Participation: Barlow Schuyler

- Review of LMHB Annual Report to Board of Supervisors: LMHB Members

- Chief of Psychiatry and Chief of Children's Services Recruitment: Rama Khalsa

2:00

- Project Reports: LMHB Members

2:20 Nomination & Election of Chairperson & Co-Chairperson

2:30 Meeting Adjourns

The County complies with the Americans with Disabilities Act (ADA). All meeting locations are accessible for people with disabilities, and <b>as a courtesy to those who are affected, please attend the meetings smoke and scent free</b> Thank you.
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