

County of Santa Cruz

BOARD OF SUPERVISORS

701 OCEAN STREET, SUITE 500, SANTA CRUZ, CA 95060-4069 (831) 454-2200 FAX: (831) 454-3262 TDD: (831) 454-2123

JANET K. BEAUTZ WALTER J. SYMONS MARDI WORMHOUDT TONY CAMPOS JEFF ALMQUIST FIRST DISTRICT SECOND DISTRICT THIRD DISTRICT FOURTH DISTRICT FIFTH DISTRICT

AGENDA: 5/4/99

April 27, 1999

BOARD OF SUPERVISORS County of Santa Cruz 701 Ocean Street Santa Cruz, CA 95060

RE: APPOINTMENT TO MENTAL HEALTH ADVISORY BOARD

Dear Members of the Board:

I recommend the appointment of the following person to the Mental Health Advisory Board, in accordance with County Code Chapter 2.104, Section 30, as a "general public" representative, for a term to expire April 1, 2001:

Lucia Vindiola-Nacua 15 Laurel Street Watsonville, CA 95076 763-9454 (H) 722-5914 (B)

Sincerely yours,

TONY CAMPOS, Supervisor Fourth District

TC:ted

cc: Lucia Vindiola-Nacua Mental Health Advisory Board

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INSTRUCTIONS

If you are interested in serving on a County Advisory Body please complete the following application and return it to the Board of Supervisors, 701 Ocean St., Room 500, Santa Cruz, California. If you are interested in being considered for more than one advisory body a separate application should be submitted for each appointment you are seeking.

Upon receipt, your application for appointment will be routed to each Board member and then filed for further consideration by Board members when there is a vacancy on the advisory body. If a Supervisor is interested in nominating you for appointment, the Supervisor will contact you and discuss the appointment, the appointment process, and requirements for the advisory body in question.

Please specify below the Commission/Committee or Board to which you are seeking appointment and provide the requested information.

Thank you for your interest in County Government.

COMMISSION	, COMMITTEE or BOARD	Mental Health Holicony
Nane		Lucia Indiala - Nacarea
<u>Address</u>		15 Laurel St.
		watsonville Ch 95076
Phone	(Hone)	831 - 763 -9454
	(Business)	831 - 722 - 5914
<u>Supervisorial District</u>		Ton, Compos
Length of 1	Residence in Area	4 1/2 years
Age	(Optional)	Circle one: Under 21
4้เ		21-30
		31-40
		Over 40

PREVIOUS COMMISSION OR COMMITTEE SERVED (Please specify)

Advisory Body	Term
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Teen prepara Adursony Bradd_ SHA flose Task Force	

EDUCATION

Institution	<u>Major</u> <u>I</u>	egree	<u>Year</u>
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ARizona St U.	Social Work		_8 _
Pima Commonity	Scotal Ser.	A. A.	78
4			

WORK/VOLUNTEER EXPERIENCE

Organization	Address	Position	Year	
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Youth Ser The Brigda Coun Vichet Rice Home	Sun Dago	Decision	Diacador 3	years
	<u> </u>	- Price Section		

STATEMENT OF QUALIFICATIONS

Please attach a brief statement indicating why you are interested in serving on the advisory body in question and why you are qualified for the appointment.

CERTIFICATION

I certify that the above information is true and correct and I authorize the verification of the information in the application in the event I am a finalist for the appointment.

Signature

4-21-99

Date



Lucia vindiola-nacua, msu

I was born and raised in Tucson, Arizona. I completed my undergraduate work at Arizona State in 1981 and received my Masters in Social Work at San Jose State in 1988. I began working in the field of social service even before I received my bachelor's degree and currently have over 20 years experience working with families and youth around the issues of substance abuse and other mental health issues.

My philosophy is that we need to restore the strength of our history in our family- through the restoration of our values, our dignity, our respect, our security, and our love. The foundation of our community relies on our families. However, we must sometimes re-learn, understand and integrate our values that sometimes we forget or never learn but need in our life.

This philosophy comes from by upbringing. My mother taught me through her generosity and commitment to me **andour** family the importance to give and help our community. Through the many capacities and communities I have worked with, I have remembered this lesson. I always give generously and always commit myself 100% to my community.

My work experience includes having worked with substance abuse issues-both in an outpatient and residential capacity, working with pregnant teens, homeless teens, in a mental health setting, and a medical field setting. I have been working in both the non-profit and private sector. As a professional I have been an outreach worker, counselor, group counselor, family educator, family therapist, program manager and supervisor. I have developed programs, curriculums, training's, done presentations, supervised, case managed and fully understand many of the issues faced by both the therapists and also the challenges of administrators having experience in both worlds and trying to balance the necessary skills to provide adequate supervision and support.

LUCIA VINDIOLA, M.S.W. **15** Laurel Street Watsonville, CA 95076 Home: (408) 763-9454 Work: (408) 728-2226

EDUCATION:

San Jose State University, Master of Social Work, 1988. Arizona State University, Bachelor of Social Work, **1981. Pima** Community College, Associate of Social Work, 1978.

WORK EXPERIENCE:

YOUTH SERVICES, Watsonville, CA. Program Manager 9/92-Present.

Program development and management. Contract development, negotiation, maintenance, compliance and reporting. Site management. Developed and maintained public relations with local agencies, probation department, police, schools and funding sources. Clinical staff & intern supervision and development. Monitoring quality assurance and utilization review. Major acomplishment – Started, developed and managed the Drug & Alcohol Day Rehabilitation out-patient program which is school based.

BRIDGE COUNSELING CENTER, Morgan Hill, CA, Bilingual Therapist, 3/92-10/94.

Provided individual and structural family therapy, sand tray and play therapy. Team work with educational staff and M.D.T. staffing. Networking with community services. Group work with emotionally disturbed children. Provided services to James Boys Ranch inmates and their families. Coordinated and facilitated multi-family groups. Provided on-site services to elementary schools, individuals and families.

VOLUNTEERS OF AMERICA-Violet Rice Home, San Jose, CA, Program Director/Social

Worker, 2/90-2/92. Program administration, development, contract monitoring, fund raising and budget review. Staff, volunteer and intern recruitment, supervision and training. Provided individual, group and family therapy, to pregnant teens in residential facility.

FAMILY HEALTH FOUNDATION OF AMERICA-Homeless Project,

Caseworker/Volunteer Coordinator, 5/89-2/90. Provided case management to homeless adults and families in Santa Clara County homeless shelters. Coordinated and scheduled volunteer medical staff to provide medical services to shelters.

<u>SAN JOSE MEDICAL CENTER</u>, Trauma Social Worker, 6/88-3/89. Provided immediate emotional & psychological support, crisis intervention and grief counseling to trauma victims and their families. Provided discharge planning, financial counseling, resource referral and patient evaluation for conservatorships & guardianships.

<u>EASTFIELD MING OUAN-Dav Treatment Program</u>, Social Worker Intern, 5/87-8/87. Working with emotionally disturbed children. Provided individual & structural family therapy in conjunction with educational staff. Participated in M.D.T. staffings. <u>BILL WILSON CENTER</u>, Relief House Manager; <u>4/86-9/86</u>; Homeless Youth Outreach intern, 7/86-5/87. Outreach to homeless youth, case management, crisis management, group and individual counseling, intervention, referral and community networking.

<u>KINO COMMUNITY HOSPITAL</u>, Tucson, AZ, Psychiatric Social Worker, 9/85-4/86. Case management, discharge planning, advocacy, referrals and court reports.

LA FRONTERA, HOPE CENTER, Tucson, AZ, Methadone Maintenance Clinic, Therapist, 2/85-9/85. Outpatient treatment for heroin addicts. Provided individual, family and group therapy. Networking supportive services for individuals and families.

<u>SANTA CRUZ FAMILY GUIDANCE CENTER</u>, Nogales, AZ, Residential Therapist, I/84-2/85. Managed 12 bed residential drug and alcohol treatment program. Facilitated individual, family and intensive group therapy. Managed 24 hour crisis line.

TOWN OF GUADALUPE, Health Services, Guadalupe, AZ, Caseworker, 9/82-1/84. Social services to needy in community. Created food pantry.

<u>YOUTH DEVELOPMENT, INC.</u>, Tucson, AZ, Drug Counselor, 8/81-9/82. Provided individual, group and family therapy. Worked closely with elementary, junior and high schools, juvenile court system, recreational programs and, families. Provided drug educational presentations to the community.

<u>CENTRO DE AMISTAD. INC.</u> Guadalupe, AZ, Youth Workshop Coordinator, d/80-12/80; Social Development Worker, 12/80-7/81. Facilitated individual, group and family counseling. Outreach to Latino elderly, youth and mothers. Coordinator for locally and federally funded drug prevention program. Developed and facilitated workshops on drug abuse for school age youth.

<u>YMCA - Latch Key Program.</u> Phoenix, AZ, Youth Counselor 8/80-12/80; 8/78-5/79. Developed after school recreational programs for latch key youth. Implimented outreach program for problem children to develop social and academic skills. Big Sisters program, coordinated educational and recreational programs.

ORGANIZATIONS AND COMMITTEES:

PIMA COLLEGE, Tucson, AZ -1976 Student Counsel; 1977-8 MEChA ('77 Vice Pres.); 1977-8 Bilingual/Bicultural Club ('78 Pres.); 1978 Mercy Mission Fund Community Organizations.

ARIZONA STATE UNIVERSITY, Tempe, AZ - 79-81 MEChA; 79 Chicano Organization of Social Workers (79 Pres.).

SAN JOSE STATE UNIVERSITY: Student Association of Social Workers 86-88 (Co-Chair 88).

Other: AZ Committee on Hispanic Women's Issues '81; Teatro Chicano of Tucson 80-82; Project Yes of South Tucson 84-85 (Board); NASW **Calif.** State Student Alternative Director 87-88; St. Mark's Child Care Center, 87-93 (Board); Food for All, 89-94 (Board); Teen Pregnancy Task Force 91-94. Who's Who of Junior Colleges 1977; League of Mexican American Women of Tucson Scholarship, 78-79; D.E.S. Educational Stipend 79-80; Student Exchange Program to Bolivia, 80; Who's Who of Human Service Providers, 86-87; **SJSU** Bilingual Therapist Certificate 88; SJSU Outstanding Student Leadership Award, 88.